

# October 2018 Newsletter

Saint James City Civic Association  
PO Box 605 / 3300 Fourth Ave, St. James City, FL 33956  
Phone: (239) 283-0242 Email: info@sjccapi.org

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## A Message from the President....

Another summer has come to end, it was sad and heartbreaking seeing our beautiful island waters contaminated with green algae, all the dead fish in our canals and beaches and red tide contributing to it.

Let's hope the powers be will do something about this horrendous problem, the upcoming elections give us a chance to direct Florida's future.

On a happier note, I'm looking forward to an **exciting event filled season**, seeing old friends and meeting new ones.

Some of the activities scheduled are exercise, yoga, ping pong, mah jongg, shuffle board, cribbage, photo club, lots of bridge, art, craft classes.

**The annual holiday dinner**, made possible by our generous volunteers, free to current members. Our fundraising events, big breakfasts, rummage, craft sales and concerts help to maintain our aging building; please come and **volunteer if able** to at these events. It's very rewarding, making new friends while helping our community. Over the summer, one of our A/C units had to be replaced and the ladies bath room received a makeover.

**I want to thank Barbara Covitz** for all the work she did as a board member, and stepping up to take over the duties of treasurer when there was an urgent need. Due to family obligations she has resigned her post, and will be greatly missed. Barb does make the best spaghetti sauce on the island by far, as all who attended our spaghetti dinners in past couple of years can attest to the fact. We also wish to thank Fred, Barb's husband, for sharing her with us.

Thank you all,  
Ellie Fenyohazi, President

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## Important News about your SJCCA....

Our members know how special the St James City Civic Association is. The "Association" ... the "Civic"... the "Civic Center", they all refer to a place we go to meet friends and enjoy many different activities. We're comfortable knowing we can expect to feel welcomed and part of the "family".

As our building ages, so does the equipment, which unfortunately leads to the need for repairs (or replacement). Sometimes we find a member with the know-how to fix or patch the problem. But eventually we are faced with hiring a professional for the repairs or replacing the equipment.

**In order to maintain and upgrade our aging building, the board approved increasing the annual membership dues to \$25.00 per person** at the April 2018 Board of Directors meeting.

The **shuffleboard courts** are in dire need of resurfacing, the **ice maker** in the kitchen is on it's last legs and the origin of the **"roof leak" in the covered lanai** is still a mystery. The asbestos **floor of the building** will eventually need to be dealt with safely. We did freshen up the ladies room and identified the problem with our floor scrubber (hose connection error) over the summer! Then the proverbial hammer fell...the **air conditioning units had to be replaced** in August at a substantial cost.

We thank all of our members for your support in making the SJCCA, our "home away from home", a pleasant experience for all! Yes, we are truly lucky for our wonderful members and **especially those who volunteer their time to provide the annual Holiday Dinner**. The fund raising events, rummage sales, concerts, big breakfasts are all due to the contributions of our volunteers and the members who attend them.

**Please come to our events** to show your support, and volunteer if able to! It's very rewarding, making new friends while helping our community. An hour here or there can be so helpful - sign up sheets are always posted before events.

**AND, don't forget!** If you cannot volunteer your time, a monetary **donation to our Century Club** is always a great way to **help us complete our repair goals and replenish our reserve funds**. Suggested contribution is \$100 ("Century Club" – get it?) but any amount will be acknowledged and appreciated! You can give your donation to any board member or activity leader - or mail it to: PO Box 605, St. James City, FL 33956 **Contact: Kay Winter 239-283-9760kbwinter98@gmail.com**

## We need help in the following areas:

- **Position of Treasurer on the Board of Directors** - pay bills, make deposits, create financial reports, quickbooks maintenance. Duties can be split up for an assistant. We can train you! Reporting and quickbooks **can be done from home** on your computer (PC not Mac) with **remote access**.
- **"Office" help** - maintaining our membership database, newsletter & bulletin creation, update our website, publicity coordinator. A majority of these functions **can be done from home** on your computer (PC not Mac) if you have internet access.
- **"Handy man"** for small repairs and maintenance; a contact person for members to report problems; oversee access to our building for repairs/maintenance by others.
- **Event / Fund Raising** - From buying/preparing/serving the food, setting up tables, cleanup afterwards - we need help in all areas for the meals and rummage sales.
- **Any time, knowledge or expertise** that you can spare will be greatly appreciated!

**Shout Out** to those who may wish to volunteer - bring a friend if you're a bit shy...try making the SJCCA your new "comfort zone"...teach us your ideas and contribute your way - we want to learn too!

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## Fall has arrived

and many of our members are starting to plan their return to Pine Island for "season". Those of us who were here for the hot summer months find it difficult to notice the transition from Summer to Fall. But take a look at the SJCCA Calendar and you will see that activities are starting to fill up the days -

## October Activities

**Exercise Class** - On Tuesday, August 28th we began our **Tuesday and Thursday classes** starting at **8:30 am**. The price remains the same at \$5.00 per class. The class will consist of stretching, strengthening, small weight strengthening and floor work. Our exercise classes are open to all members - both men and women of all ages and levels!

**Exercise Leader - Jodee Nelson McCollum 283.4790**

**Book Club** - Returns **Monday, Oct 8th at 9:00am** and on the second Monday each month until June. A different book is chosen each month for discussion - "**The Amber Room**" by **Steve Barry** will be the subject of our first meeting on Oct 8th. Come by at 8:45 to help set up, socialize and enjoy morning refreshments. November's book is: "**When Breath Becomes Air**" by **Paul Kalanithi** **Book Club - Carol Roscher**

**Bridge** - If you love to play Bridge, or want to learn, we have your game.....

**Monday - Happy Islanders** return Oct 29th at 12:30pm **Kay Winter 283.9760 & Mary Tobias 239.671.7160**

**Wednesday - Slam Bidders** are back Oct 31st at 12:30pm **Kay Winter 283.9760 & Mary Tobias 239.671.7160** (until Joyce Coryell returns)

**Mah Jongg** - Join us Thursdays at 1:00pm for an afternoon of serious, but playful! competition. Everyone is welcome to play - beginners, seasoned players and the "curious". Stop by and join the fun - we play for mardi gras beads, not money. **Mah Jongg Leader - BJ Skribiski 283.9140**

**Golden Brush** - Resumes Tuesday, Oct 23 at 10:00am. Explore the "artist within" - we welcome all mediums, all levels of art expertise to "get lost" with us for a few hours! **Golden Brush Leader - Linda Selleck 283.5207**

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## And in November.....

**Island Crafters** - Returns weekly on Wednesday, November 7 at 9:00am. We have lots of new projects planned - come and join the fun! **Ellie Fenyohazi 973.650.9168**

**Open Bridge** - We're back on November 2nd, Fridays at 7:00pm **Bonnie Love 224.2533**

**Photo Club** - Our first meeting is Monday, November 19th at 6:30pm. We meet monthly on the third Monday during season. We are looking at an exciting season but need some help in doing so. We need someone to take notes at the meetings and get them out to the membership. We also are looking for people to share their knowledge with the club by leading a session in what they know and have experienced. We look forward to a **Photo Expo in February** as well as some field trips along the way. Please contact **Andy Bergsten** if your interested in either the note taking or leading a session. **andyvox@comcast.net**

**Shuffleboard** - We play Tuesday and Friday mornings from 9:00-11:00 during season. We plan to resume playing in November, but we need more members of the group to determine the exact date. Shuffleboard is on the calendar starting Tuesday, November 5th (subject to change). **Richard Cleenput 283.4640 Mike Schreiber 896.7552**

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## Yoga for all!

**Yoga** - Our popular yoga instructors, **Jaime Boswell** and **Michelle Jordahl**, both return in November! Each instructor offers different programs to add variety to your health and relaxation goals:



### Jaime Boswell Yoga

Jaime Boswell will be offering two all-levels yoga classes this season. Jaime has been teaching yoga for over 12 years, and is completing an 800-hour program in yoga therapy (only 50 hours to go!), she is passionate about making yoga accessible and therapeutic for body, mind and spirit.

Special price of \$70 for any members that want to join her for a seven-week series beginning the first week in November (no class the week of Thanksgiving). Drop-ins for single classes will be welcome, as space allows, at the rate of \$12 for members, and \$15 for non-members.

**Please plan on bringing your own props, to include a mat, 2 blocks, blanket and strap**

**Nov 1 - Dec 20**

**Thursdays 10:30-11:45 - Strength and stability** is a class that is accessible to students of all levels of practice. This is a strengthening practice that is especially good for anyone that is limited in their range of motion, or limited in ability to bear weight on hands and knees.

**Nov 2 - Dec 14**

**Fridays 8:30 - 9:45 - Slow flow** is an all-levels class that is accessible to beginners that are able to safely and comfortably bear weight on hands and knees, and transition between various positions. This class helps all students to find good alignment in postures while flowing in a way that invites the quieting of the mind.

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**Michelle Jordahl - Yoga Tune Up®**

Yoga Tune Up® is a fitness therapy program built around the three P's Pain, Posture and Performance. **Using the Yoga Tune Up® Therapy balls** you will discover tools and techniques of self-myofascial release to alleviate knots and tension in the muscle fascia. Combined with **Vinyasa yoga** this easy and effective class will add to whatever movement practice you most enjoy!

Email: [Mjordahl5@gmail.com](mailto:Mjordahl5@gmail.com) Phone: **952.22 1.6256**

Michelle's Facebook Page:

[Facebook.com/movementandyogabymichelle](https://www.facebook.com/movementandyogabymichelle)

Michelle's Website:

<https://restore.offeringtree.com>

Michelle completed her 200-hr RYT Vinyasa Yoga training and went on to become a Yoga Tune Up Licensed Teacher. She is offering offering a special price of \$70 for any members that want to join her for the seven-week Yoga Tune Up series beginning the first week in November. Drop-ins for single classes will be welcome, as space allows, at the rate of \$12 for members, and \$15 for non-members.

**Nov 5 to Dec 17, 2018**

**Mondays 11:00-12:00 - Yoga Tune Up**

Fitness therapy program built around the three P's Pain, Posture and Performance. Using the Yoga Tune Up® Therapy balls to alleviate knots and tension. Good for everyone!

**Jan 2 to Feb 13, 2019**

**Wednesdays 4:00 - Yoga Flow**

Vinyasa flow yoga classes uses a progressive series of poses while performing breathing exercises to achieve physical and mental well-being.

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**Tickets are on sale now for two music concerts!**

January 6, 2019 - **Uproot Hootenanny** Concert

March 10, 2019 - **Duos and Duets** Concert by Latitude - Tom & Michelle Becker.

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**New Exercise Class!**

Starting in January we will offer "**Anywayulikersize**" **dance class** on Friday afternoons from 4:00 to 5:00 PM. We think this will be a great addition to our exercise and yoga classes! If you are interested, please contact **Nancy Barr 630.768.0194** or [zneln08@yahoo.com](mailto:zneln08@yahoo.com). Nancy would love to tell you more details about the class!

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**PINE ISLAND GROUP CRUISE TO CUBA!!**  
**MARCH 31st - APRIL 5th 2019**

DEPARTING MIAMI ON NORWEGIAN SKY

FIVE (5) NIGHTS INCLUDING: KEY WEST, BAHAMAS, OVERNIGHT IN HAVANA, CUBA ALL-INCLUSIVE WITH **FREE** OPEN BAR AND ON-BOARD CREDITS AND SO MUCH MORE!! CRUISE FARES START AT **\$699.00** PER PERSON

Jodee Nelson McCollum Pine Island Travel Network  
2424 8th Avenue, Saint James City, Florida 33956  
239-283-4790 239-462-1977

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## Facebook Information

**Activity Leaders** - Take advantage of our **new Facebook page** to post information about your activity! Tell your members about the new page - you can inform everyone of scheduling changes, post pictures, answer questions.....Facebook can be a great tool and an effective way to communicate for those who rely on the internet for information. **Need help? Emailinfo@sjccapi.org to get started!**

**Facebook Users** - we have a new Page!

**Many of our Members** have a Facebook account and rely on various Facebook Pages and Groups to obtain and share information. We have a **new page for activities**, breakfasts, rummage sales, etc. and a **music page**. The new activities page has it's own "member group", too!

**Our New Page has this icon**



**Our Music Page has this icon**



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## Reminders and Clarifications

 If you have ideas or suggestions for our newsletter, our website, or our Facebook page, please contact us! We want to know how we are doing and if we can improve. Feel free to share your news or celebrations with other members in our newsletter - **Email: info@sjccapi.org**

**\*\*We no longer have the resources to mail out Newsletters through the post office. However, if you are a current member and provide us with your email address, we will add you to our list! If you would like to print out a Newsletter (current or older), please go to our website at the link below and select the Newsletter tab.** The email version of our Newsletter is for viewing/reading.

**\*\*We are looking for pictures of activities, events and people enjoying our Civic Center. If you have any pictures (photos, digital or negatives) you would like share on our website? Please contact us if you can help: Email: info@sjccapi.org**

**\*\*SJCCA Contact Information:** We have **removed all personal phone numbers and email addresses** from the public pages of our website. A **Contact Listing** is located below the **Members Only** tab and can only be viewed by **registered members of the SJCCA**. See instructions below to register as a member on our website. Inactive members and the public can complete the "Contact Us" section on our website and their inquiry will be forwarded to the appropriate contact person.

**\*\*A Members Only page** was created to provide our members with information such as financial reports and minutes to board/association meetings. To access the Members Only page you must first "Sign Up" to be approved as a valid Member of the SJCCA. Once approved, you need to "Log In" each time you enter the Members Only page. **For Help - click on the "Help" button below the Members Only menu tab.**